

ABSTRAK

Evaluasi Program Posyandu Remaja di Wilayah Kerja UPTD Puskesmas Abiansemal I

Posyandu Remaja merupakan salah satu program pemerintah bagi remaja dalam menangani permasalahan kesehatan remaja yang sangat kompleks. Penelitian ini bertujuan untuk mengevaluasi Program Posyandu Remaja di Wilayah Kerja UPTD Puskesmas Abiansemal I berdasarkan aspek *input*, *process*, dan *output*.

Jenis penelitian ini adalah penelitian kualitatif deskriptif. Penentuan informan dilakukan dengan teknik *purposive sampling* sebanyak lima informan, meliputi kepala puskesmas, Penanggung Jawab UKM Esensial dan Perkesmas, pemegang Program Posyandu Remaja, kader Posyandu Remaja, dan sekretaris Desa Sangeh. Pengumpulan data dilakukan dengan wawancara mendalam dan observasi.

Hasil penelitian menunjukkan bahwa aspek *input* Program Posyandu Remaja di Wilayah Kerja UPTD Puskesmas Abiansemal I telah memadai. Dalam aspek *process*, Program Posyandu telah berpedoman pada Petunjuk Teknis Penyelenggaraan Posyandu Remaja Kementerian Kesehatan 2018, namun ditemukan kendala pelaksanaan yaitu kurangnya partisipasi remaja dalam menghadiri kegiatan serta kurangnya dukungan dari desa untuk menyelenggarakan Posyandu Remaja di desa tersebut. Serta dalam aspek *output*, ketercapaian target yaitu 80%, dengan jumlah kegiatan sebanyak 12 pertahun dan pencatatan dan pelaporan dilakukan setiap sebulan sekali. Upaya yang dapat dilakukan yaitu dengan melakukan inovasi terhadap pemberian materi dengan media penyuluhan seperti pemutaran film dan musik, dan diisi dengan *game/ice breaking* serta melakukan pendekatan dan advokasi pada pihak desa untuk mendapatkan dukungan penyelenggaraan Posyandu Remaja.

Kata Kunci: Posyandu Remaja, Pelayanan Kesehatan, Remaja.

ABSTRACT

Evaluation of Adolescent Posyandu Program in The Working Area of UPTD Puskesmas Abiansemal I

Posyandu (Integrated Health Post) Adolescent is one of the government programs for adolescents in dealing with very complex adolescent health problems. This study aims to evaluate the Adolescent Posyandu Program in the UPTD Puskesmas Abiansemal I working area based on input, process, and output aspects.

This type of research is descriptive qualitative research. The determination of informants was carried out using purposive sampling technique as many as five informants, including the head of the puskesmas, the person in charge of Essential UKM and Puskesmas, the Adolescent Posyandu Program holder, the Adolescent Posyandu cadre, and the secretary of Sangeh Village. Data collection was conducted with in-depth interviews and observation.

The results showed that the input aspect of the Adolescent Posyandu Program in the Working Area of UPTD Puskesmas Abiansemal I was adequate. In the process aspect, the Posyandu Program has been guided by the Technical Guidelines for the Implementation of Adolescent Posyandu of the Ministry of Health 2018, but there are obstacles to implementation, namely the lack of adolescent participation in attending activities and the lack of support from the village to organize Adolescent Posyandu in the village. As well as in the output aspect, the target achievement is 80%, with a total of 12 activities per year and recording and reporting done once a month. Efforts that can be made are by innovating the provision of material with counseling media such as film screenings and music, and filled with games / ice breaking and approaching and advocating for the village to get support for organizing Adolescent Posyandu.

Keywords: *Adolescent Posyandu, Health Services, Adolescents.*