

## Perbedaan Perencanaan Karier Ditinjau Dari Tingkat *Self Efficacy* Pada Mahasiswa Semester Akhir di Fakultas Kesehatan dan Sains, Universitas Dhyana Pura

**Abstrak.** Penelitian ini dilaksanakan di Fakultas Kesehatan dan Sains, Universitas Dhyana Pura dengan tujuan untuk mengetahui mengenai adakah perbedaan dari perencanaan karier yang dapat dilihat dari tingkat *self efficacy* pada mahasiswa tingkat akhir. Pada penelitian ini menggunakan dua skala ukur yakni skala *self efficacy* dan skala perencanaan karir. Sampel dalam penelitian berjumlah 96 yang ditentukan menggunakan rumus Isaac and Michael. Metode yang digunakan dalam penelitian ini yaitu kuantitatif komparatif dengan analisis data menggunakan uji *Independent Sample T-Test*. Hasil dari uji *Independent Sample T-Test* diperoleh nilai *p-value* yakni  $0,001 < 0,05$ . Kemudian dilakukan analisis tambahan yakni uji analisis *Post Hoc*, diperoleh hasil *Ptukey*  $< 0,001$ . Berdasarkan dari hasil analisis data, maka dapat disimpulkan bahwa terdapat perbedaan perencanaan karier yang ditinjau dari tinggi dan rendahnya tingkat *self efficacy* pada mahasiswa tingkat akhir di Fakultas Kesehatan dan Sains, Universitas Dhyana Pura.

**Kata kunci:** perencanaan karier, *self efficacy*, mahasiswa tingkat akhir

## Differences in Career Planning Judging from the Level of Self-Efficacy in Final Semester Students at the Faculty of Health and Science, Dhyana Pura University

**Abstract.** This research was conducted at the Faculty of Health and Science, Dhyana Pura University to find out whether there are differences in career planning that can be seen from the level of self-efficacy in final-year students. This research uses two measuring scales, namely the self-efficacy scale and the career planning scale. The sample in the study was 96 which was determined using the Isaac and Michael formula. The method used in this research is quantitative comparative with data analysis using the Independent Sample T-Test. The results of the Independent Sample T-Test obtained a *p-value* of  $0,001 < 0,05$ . Then additional analysis was carried out, namely the Post Hoc analysis test, which obtained *Ptukey* results  $< 0,001$ . Based on the results of data analysis, it can be concluded that there are differences in career planning in terms of high and low levels of self-efficacy in final-year students at the Faculty of Health and Science, Dhyana Pura University.

**Keywords:** career planning, self-efficacy, final-year student