

## ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan antara self-efficacy dengan perencanaan karir pada siswa kelas X SMK Wira Harapan. Self-efficacy adalah keyakinan individu terhadap kemampuan dirinya dalam menghadapi tantangan, sedangkan perencanaan karir merupakan proses penyusunan langkah-langkah strategis untuk mencapai tujuan karir. Penelitian ini menggunakan pendekatan kuantitatif dengan metode korelasional dan melibatkan 200 siswa yang dipilih melalui teknik random sampling. Instrumen yang digunakan adalah General Self-Efficacy Scale (GSES) dan skala perencanaan karir yang telah teruji validitas dan reliabilitasnya. Hasil analisis data menunjukkan adanya hubungan positif dan signifikan antara self-efficacy dan perencanaan karir dengan nilai koefisien korelasi ( $r$ ) sebesar 0,364 dan nilai signifikansi  $p < 0,001$ . Temuan ini menunjukkan bahwa semakin tinggi self-efficacy siswa, maka semakin baik pula perencanaan karir yang mereka miliki, sehingga penting bagi sekolah untuk memberikan intervensi yang dapat meningkatkan self-efficacy siswa dalam mendukung proses perencanaan karir mereka.

**Kata kunci:** self-efficacy, perencanaan karir, siswa SMK, psikologi pendidikan

## **ABSTRACT**

*This study aims to find out the relationship between self-efficacy and career planning for class X students at SMK Wira Harapan. Self-efficacy is an individual's belief in their ability to face challenges, while career planning is the process of preparing strategic steps to achieve career goals. This study used a quantitative approach with a correlational method and involved 200 students selected through random sampling technique. The instruments used were the General Self-Efficacy Scale (GSES) and the career planning scale, which had been tested for validity and reliability. The results of data analysis indicate a positive and significant relationship between self-efficacy and career planning with a correlation coefficient ( $r$ ) of 0.364 and a significance value of  $p < 0.001$ . This finding indicates that the higher the students' self-efficacy, the better career planning they have, so it is important for schools to provide interventions that can increase students' self-efficacy in supporting their career planning process.*

**Keywords:** *self-efficacy, career planning, vocational students, educational psychology*